


**Tonight:** Mostly cloudy through the evening. Then clearing and mild overnight. Low: 64, Wind: SSE 6-12

**South Bend, IN**  
**71**  
 Partly cloudy  
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Updated: 9:43 AM Sep 20, 2010

## "Warrior Walker" visits Notre Dame's campus

**South Bend, IN**

His story sounds like the script to the Tom Hanks movie, "Forrest Gump." But Stanley Bronstein's adventures are all real.

**Posted:** 9:43 AM Sep 20, 2010  
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**THE BIG RED BAR**

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Story

His story sounds like the script to the Tom Hanks movie, "Forrest Gump." But Stanley Bronstein's adventures are all real. Font Size: [A](#) [A](#) [A](#)

The 51 year old has made it his goal to promote exercise by walking five hours in each one of the 50 states, plus Washington D.C. Bronstein calls himself the "Warrior Walker."

He's lost more than a hundred pounds since he started walking about a year ago. Monday, he was on the University of Notre Dame's campus completing his five hour walk in Indiana, and he says for him, the journey's been about much more than just walking. "I've said that anybody who wants to run for President of the United States, it should be mandatory that they do what I'm doing right now. I've seen tremendous wealth during this trip. I have seen tremendous poverty, and I have seen everything in between. I've seen a lot of the empty spaces in America. This is a vast, lovely land that we live in," Bronstein said.

Bronstein is headed for Michigan next. If you'd like to learn more about his Warrior Walking program, click on the Big Red Bar.

On an interesting side note, Bronstein says every university's football team has won their next game after he visits their campus. So it could be good news for the Irish come Saturday when they take on Stanford at home.

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